



# Youth Leadership Program (YLP)

## Give Today's Youth the Gift of Toastmasters!

Teenagers are often more comfortable communicating electronically than speaking face to face. Yet many events in teenagers' lives require interpersonal communication skills to be resolved successfully. Now, more than ever, they need guidance in developing their communication skills.

### Through Toastmasters Gavel Clubs, participants learn to:

- ✓ **Overcome nervousness** when speaking before an audience.
- ✓ **Organize and present ideas** logically and convincingly.
- ✓ **Listen carefully** to others' ideas.
- ✓ **Participate in and lead** group discussion or meetings.
- ✓ **Offer advice to help others** improve their speaking and leadership skills.



*All these skills are necessary for earning a living in today's competitive job market, but are also essential for maintaining healthy personal relationships and achieving academic goals in middle & high school and college.*

### Requirements to start a YLP:

1. The Club Counselor (person in charge) must be a **Toastmaster in good standing**.
2. Counselor must have completed at least **6 speeches**.
3. Have a **sponsoring Toastmasters Club**.

**Training:** All the training needed you already have from your TM club. 😊 No extra training needed.

### Benefits:

1. Growth in adult TMs clubs (parents joining TM clubs).
2. You make a difference in the life of a child, giving him/her the best gift ever (that will last him/her a lifetime).
3. This can be your High Performance Leadership Project (**HPLP**) which is needed for your Advanced Leadership Silver (**ALS**).

**The Sponsor:** A local Toastmasters club serves as sponsor and provides the materials and experienced leaders needed to present the program.

The adult with **overall responsibility** for the program is the **coordinator**. He or she works closely with any cooperating organization and attends each meeting, conducting most of the training and counseling participants. The coordinator has an **assistant** who conducts discussions and substitutes for the coordinator, should he or she be unable to attend a meeting.

## What does the sponsoring club do?

1. Pay for the YLP kits (program books).
2. Provide Toastmasters to help run or assist with the YLP sessions.
3. Ensure the success of the program.

**(All youth leadership programs are required to have a TM club sponsor.)**

**YLP is free for kids:** We are not allowed to charge YLP participants for tuition or materials. This is a Toastmasters Community Program.

## Cost to Start:

- **YLP kit for 5 students** and 1 coordinator **is \$17** (includes 5 participant workbooks, a coordinator's guide, 5 certificates, and 25 evaluation forms).
- Individual participant workbooks (\$2 ea), coordinators guides (\$5), and certificates (.60) are also available.

**The sponsoring club should pay for the YLP kits.**

To **purchase** additional Youth Leadership Kits:

[http://www.toastmasters.org/MainMenuCategories/Shop/ManualsBooksVideosCDs\\_1/ProgramsModules/CommunityServicePrograms/YOUTHLEADERSHIPEDUCATIONALPACKET826.aspx](http://www.toastmasters.org/MainMenuCategories/Shop/ManualsBooksVideosCDs_1/ProgramsModules/CommunityServicePrograms/YOUTHLEADERSHIPEDUCATIONALPACKET826.aspx)

## Participants:

**You decide the age (under 18). 10 – 15 participants is best, but no more than 20.** That way, each person receives individual attention and has the opportunity to get practical experience. Have participants commit to all 8 sessions. YLP is designed for the same group of kids.

*Youth Leadership* may be conducted for scout troops, 4-H clubs, church youth groups and many other organizations, and for young people in the community. However, all programs must be presented by a Toastmasters club, following the guidelines in the *Youth Leadership Coordinator's Guide* (Item 802). Clubs may order coordinator's guides and *Youth Leadership Participant's Notebooks* (Item 805) from World Headquarters.

# The Sessions in a YLP:

The program is presented in **eight sessions** during or after school, or on weekends. Each session usually lasts **two hours**.

Session One:

**Introduction to Chairmanship**

Evaluation of present speaking ability

Session Two:

**Introduction to Public Speaking**

Presentation of Speeches

Group Evaluation

Session Three:

**Impromptu Speaking**

Impromptu talks

Presentation and evaluation of speeches

Review of group discussion principles

Session Four:

**Organizing Your Speech**

Impromptu talks

Presentation and evaluation of speeches

Discussion of speech organization

Session Five:

**Listening**

Impromptu talks

Presentation and evaluation of speeches

Discussion and practice in listening

Session Six:

**Gestures in Speaking**

Impromptu talks

Presentation and evaluation of speeches

Discussion of gestures in speaking

Exercise in chairmanship

Session Seven:

**Voice and Vocabulary**

Impromptu talks

Presentation and evaluation of speeches

Discussion of voice and vocabulary

Planning for session eight

Review of progress

## Session Eight:

### **Show Your Skills**

Presentation of special program  
(this can be your demo meeting for gavel club)

Running a YLP is pretty straight forward. Everything is laid out in the coordinator's guide. You don't have to do everything in the workbook. And you can modify any way you like. At the end is an event (which could be a demo-meeting) for the community.

Generally, meetings follow a format similar to that of a Toastmasters club meeting. There is an announced agenda and participants learn and practice parliamentary procedure during each meeting. Lecturing is minimal, but discussion is held during each session. Participants, working from a handbook, select officers who preside over the meetings. The remaining class members are assigned other duties on a rotating basis, so everyone is actively involved. Participants also deliver short impromptu and prepared speeches. In every meeting, participants learn to apply the principles of listening, thinking and speaking.

Here's a **link about YLPs**:

<http://www.toastmasters.org/Members/MemberExperience/SatellitePrograms/YouthLeadership.aspx>

In regards to the **liability** concern:

1. Have everyone sign a waiver. Make sure you know about allergies, medical conditions, etc.
2. Video Tape all meetings (if possible).
3. In case of emergency, dial 911 and do your best.

If you wish to run background checks, it will come out of your pocket. (I believe it is \$20/background check) And once you do the background check, you become the responsible party.

Just know the people you have helping you, and pick people you trust. Listen to your gut. If something doesn't feel right, investigate!



# Toastmasters Youth Leadership Program (YLP) 10 Easy Steps



**Step 1:** Convince your TM club to be your **sponsoring club**. Talk to the officers at your club regarding this, and maybe give a speech to your club on this. The **sponsoring club should pay for the YLP kits** needed to run this program. The **Coordinator is the “person in charge”** of the YLP. Have some assistants!

The Youth Leadership Program is **FREE to Participants**. YLP is a TM community program.

**Step 2:** Choose a **day and time** that will work for you, as well as the **age range** for your YLP group.

**Step 3:** Find a **venue**.

**Step 4:** Set a **start date**.

**Step 5: Order YLP kits** from TMI website. (This year, 2012, you can obtain one complimentary YLP kit per YLP group from Helen Carothers or Samia Reed)

[http://www.toastmasters.org/MainMenuCategories/Shop/ManualsBooksVideosCDs\\_1/ProgramsModules/CommunityServicePrograms/YOUTHLEADERSHIPEDUCATIONALPACKET826.aspx](http://www.toastmasters.org/MainMenuCategories/Shop/ManualsBooksVideosCDs_1/ProgramsModules/CommunityServicePrograms/YOUTHLEADERSHIPEDUCATIONALPACKET826.aspx)

**Step 6: Find qualified Toastmasters** to run / help run some of the sessions of the YLP.

**Step 7: Advertise.** Emails to homeschool groups, Starburst, D2 website, Flyers at libraries, schools, etc.

**Step 8:** Select **10 – 15 participants**, but no more than 20 for the YLP. Ask them to **commit to 8** consecutive weeks of the YLP.

**Step 9: Inform** the D2 Youth Program Coordinator, **Samia Reed**, **know** your start date, location & time, and the names of the coordinator(s) and assistants. (Samia is to keep record of all YLPs in D2. She can also help with advertising.)

**Step 10: Start** the YLP program. Follow the Coordinator’s guide. But you are not required to do everything in the guide. You get to pick and choose!

**Session 8** is a special event. You should make this your **Demo-meeting for a new gavel club** starting.

**What happens after the 8 wks?** Start a Gavel club (This is a TM club for kids under 18, run just like a TM club using CCs and CLs.)

For additional questions, comments, or concerns, please contact  
District 2 Youth Program Coordinator,  
Samia Reed [samia@fortreed.com](mailto:samia@fortreed.com)